

PPE: What to wear and when

Table 1: The recommended PPE that should be used as standard precautions

Activity	Face masks	Eye protection	Gloves	Apron
Undertaking an AGP on a person who is not suspected or confirmed to have COVID-19 or another infection spread by the airborne or droplet route	Yes – type IIR to be used for single task only	Yes	Yes	Yes (consider a fluid repellent gown if risk of extensive splashing)
Undertaking an AGP on a person who is suspected or confirmed to have COVID-19 or another infection spread by the airborne or droplet route	Yes – FFP3 RPE to be used for single task only	Yes – goggles or a visor should always be worn. If there is a risk of contact with splash from blood/body fluids and the FFP3 is not fluid resistant this needs to be a full-face visor.	Yes	Yes (consider a fluid repellent gown if risk of extensive splashing)
Undertaking an AGP on a person who is not suspected or confirmed to have an infection spread by the airborne or droplet route	Yes – type IIR to be used for single task only	Yes	Yes	Yes (consider a gown if risk of extensive splashing)

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Table 2: Glove use

Type of glove	Care tasks
No gloves	Social contact, or physical contact where there is no risk of exposure to blood or bodily fluids and no contact with non-intact skin or mucous membranes. Domestic duties where no risk of exposure to hazardous chemicals.
Vinyl gloves	Offer sufficient protection for most duties in the care environment. If there is a risk of gloves tearing, or the task requires a high level of dexterity, or an extended period of wear, then an alternative better fitting glove (for example, nitrile) should be considered.
Nitrile gloves	Tasks where gloves will be worn for an extended period of time or high levels of manual dexterity are required.
Sterile gloves	Not routinely required in care settings. Should be used for aseptic procedures such as insertion of catheters.
Latex gloves	Equivalent to nitrile gloves for protection and dexterity but not routinely recommended due to risk of latex allergies or sensitivities.